



# Water Safety Sensory Sessions

[www.messybubs.com](http://www.messybubs.com)




[www.kidsalive.com.au](http://www.kidsalive.com.au)

## Adventures at Home - Baby

Kids Alive and Messy Bubs have joined forces to share water safety messages through unique sensory play experiences. There are many amazing benefits to multi-sensory play that lead to development of thought, intelligence and social skills. It is a wonderful way to create quality creative time for families and caregivers.

By combining this form of play with water safety messages we are creating a unique way to educate children under 5. Use the lesson plans to guide the activity and help expand the learning of little ones under your care. Everything can be adapted to suit your environment and resources available.

### YOU WILL NEED:

- ✓ Container with Water
- ✓ Sensory Scarves
- ✓ Kids Alive Do The Five Music   

### METHOD:

- ❖ Add water to your activity tray or container.
- ❖ Lay out your sensory scarves around the tray or container.



### LEARNING OUTCOMES:

- ❖ Bath time is a great sensory experience for babies. Babies can feel the water on their skin, smelling any soaps, hearing the sounds of splashes and feeling any changes in temperature to the water.
- ❖ Twirling the scarves in front of your baby encourages hand and eye coordination.
- ❖ Filtering water and light through the scarves supports tactile and visual play.
- ❖ Playing 'Peek a Boo' with the scarves can also encourage language development.

**Adult supervision required at all times.  
Never leave a child alone with water.**

**Handy Tip: Place a mat or towel down under the container to soak up any splashes.**

### Water Safety Messages

**Bathtubs and swimming pools pose the greatest risk**

**Regularly check home for water hazards e.g. Buckets, eskies, water containers**

**Secure water hazards immediately**

**Learn CPR**

# Adventures at Home - Sensory Bath

## What colours can you see?

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### LEARNING OUTCOMES:

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- ❖ Playing 'Peek a Boo' with the scarves can also encourage language development.



Messy Bubs

